Psalms 70

Lemenatzeakh Le’David Lehazkir

For the leader. Of David. Lehazkir.

Elohim lehatzileni Adonai le’ezrati husha

Hasten, O God, to save me; O LORD, to aid me!

Yevshu ve’yakhperu mevakshei nafshi nisogu akhor ve’yicalemu hoftzei ra’ati

Let those who seek my life be frustrated and disgraced; let those who wish me harm, fall back in shame.

Yeshuvu al eikev bashtam haomrim he’akh he’akh

Let those who say, “Aha! Aha!” turn back because of their frustration.

Yasisu ve’yismekhu bekha kol mevaksheikha ve’yomeru tamid yigdal Elohim ohavei yeshuatekha

But let all who seek You be glad and rejoice in You; let those who are eager for Your deliverance always say, “Extolled be God!”
Va’ani ani ve’evyon Elohim husha li ezri u’mefalti atah Adonai al teakhar

But I am poor and needy; O God, hasten to me! You are my help and my rescuer; O LORD, do not delay.

Psalms 130

Shir ham’alot mim’amakim kera’atikha Adonai

A song of ascents. Out of the depths I call You, O LORD.

Adonai shima’ah be’koli tihiyenah ozneikha kashuvot le’kol takhanunai

O Lord, listen to my cry; let Your ears be attentive to my plea for mercy.

Im avonot tishmor ya Adonai mi ya’amod

If You keep account of sins, O LORD, Lord, who will survive?

Ki imkha haslikhah lema’an tivarei

Yours is the power to forgive so that You may be held in awe.

Hebrew and English translation retrieved from Sefaria https://www.sefaria.org/Psalms.70?lang=bi
Kiviti Adonai kivtah nafshi ve’lidvaro hokhali

I look to the LORD; I look to Him; I await His word.

Nafshi la’Adonai mishomrim laboker shomrim laboker

I am more eager for the Lord than watchmen for the morning, watchmen for the morning.

Yakheil yisrael el Adonai ki im Adonai ha’khesed ve’harbeh imo phdut

O Israel, wait for the LORD; for with the LORD is steadfast love and great power to redeem.

Vehu yifdeh et yisrael mi’kol avonotav

It is He who will redeem Israel from all their iniquities.